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HM  
P5

**EVERY MONDAY MORNING...**

MINISTRY  
OF  
LABOUR  
...

INDUSTRIAL  
REHABILITATION  
UNIT

about 200 men  
and women start  
a course at a  
Unit like this.

Do YOU need  
help to  
regain working  
fitness?

THE ROYAL SOCIETY  
for the Promotion  
OF HEALTH  
LIBRARY

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Most people go straight back to their old jobs after recovering from sickness or injury. For others it is not so easy. They may have lost confidence in their ability to do a job or may need quite different work; some may never have earned a living at all. People like these need the chance to get used to working conditions *more gradually* before taking on an ordinary job - and a chance too to find out what kind of job they are now fit to do. Ministry of Labour INDUSTRIAL REHABILITATION UNITS provide courses to meet this need. If you want help of this kind you will wish to know the answer to the following questions:

# IF I GO T



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### ■ What shall I do there?

Your course will not follow any set programme but will be specially arranged to meet your own needs. In a typical industrial setting you will try your hand, with others, at a number of jobs in the Unit workshops or commercial section under the guidance of skilled supervisors. This will help you and the Unit staff to find out the sort of work you can do best and help to tone you up.

There is a doctor at the Unit who will keep an eye on your capabilities. If he thinks you need to strengthen weak limbs or muscles, he will prescribe exercises for you to do in the workshops, in the gymnasium or perhaps in the gardens. An experienced social worker is there to help you with personal matters.

### Where shall I live?

The list at the end of this leaflet will tell you whether there is a Unit near your home. If so, you can live at home and travel daily. Travelling expenses will be paid if you are disabled or if you live more than two miles from the Unit.

**Trying their hand at bench engineering in one of the workshops.**

If you live too far from the Unit to travel there daily, lodgings will be found for you as near the Unit as possible and the cost will be paid. It may be possible to go to a Unit where you can live in. In either case your fare to the Unit and back home at the end of the course will be paid.

### **How long shall I stay ?**

A six or eight weeks' course is sufficient to get most people fit for work again but the actual length will be adapted to your needs. You will attend full-time for a five-day week.

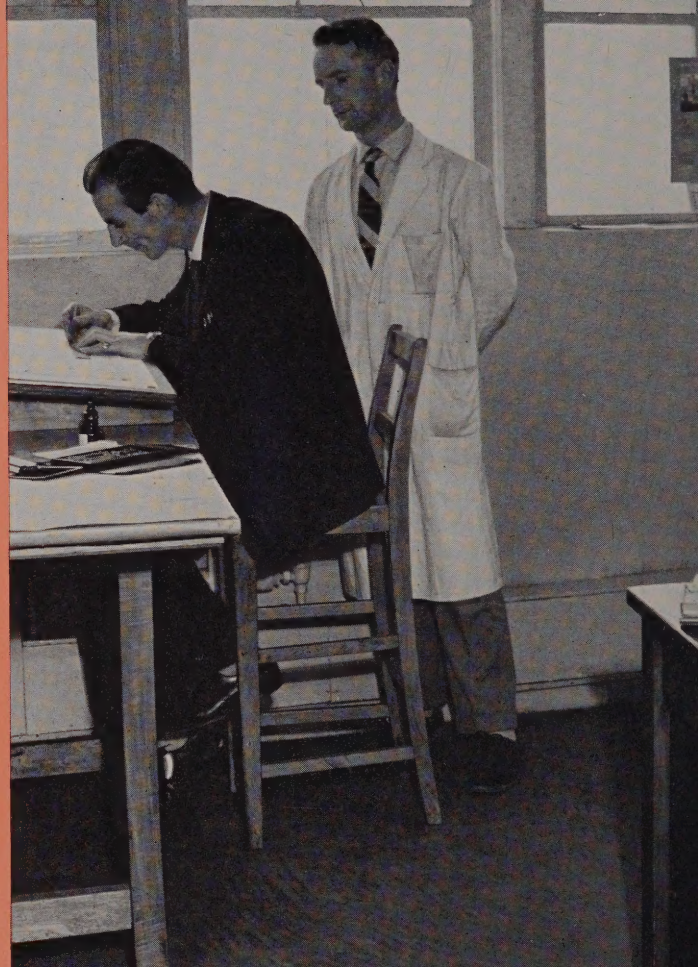
Before you leave the Unit the staff will advise you on the work which is likely to suit you best.

### **What about mid-day meals ?**

Each Unit has a well-equipped canteen and a free mid-day meal is provided on days of attendance (see enclosed leaflet 'Weekly Rates of Allowances').

### **Shall I still get Sickness or other Benefits ?**

You can still draw your basic Service or Disablement







Pension, but Sickness, Injury and Unemployment Benefits are not payable while you are at the Unit. Instead you will receive a special allowance which will in most cases exceed these benefits and you will not have to pay income tax or National Insurance contributions. The amount of the allowance, as you will see from the accompanying leaflet, will depend on your personal circumstances and whether you live away from home.

**Can I train for a skilled job ?**

Not at the Unit. If while you are there it is found that you need training, a course may be arranged for you, but no promise of this can be given in advance.

**Will the Unit find me a job ?**

The Disablement Resettlement Officer (D.R.O.) from your local Employment Exchange, or, if you are under 18 years of age, your Youth Employment Officer (Y.E.O.), will keep in touch with the Unit while you are there and help you to get a suitable job when you leave.

**In this section suitability for commercial work can be tested and there is a chance to brush up former skills.**



**The weekly meeting plans courses for the newcomers and reviews the progress of earlier entrants.**



**A corner of the canteen.**





Lining up for the weekly pay envelope.

## HOW TO APPLY

Ask to see the Disablement Resettlement Officer at your local Employment Exchange. (If you are between 15 and 18 years of age consult your Youth Employment Officer.) He will, if necessary, seek your doctor's advice or, if you prefer to do so, you may ask your doctor to recommend you for a course.

If your application is accepted you will be given full information about the Unit to which you are going and be told how to get there.

# INDUSTRIAL REHABILITATION UNITS

WELLCOME LIBRARY
pam
WB 320
1 9 6 2
G 7 8 e

Birmingham  
Bristol  
Cardiff  
Coventry  
Denton (Manchester)  
Egham (Surrey)  
Felling-on-Tyne  
Granton (Edinburgh)  
Hillington (Glasgow)  
Hull  
Leeds  
Leicester  
Liverpool  
Long Eaton (Derbyshire)  
Perivale (Middlesex)  
Sheffield  
Waddon (Croydon, Surrey)

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